

# Health Stewards Training



### Goal 3: Public Health and Wellbeing as a Human Right

March 8<sup>th</sup> - April 26<sup>th</sup>, 2021  
 Mondays, 6pm – 8pm  
 Join us online

<p><b>Introduction to the Training Chronic Illnesses</b>  <i>Luisa Fernandez, FPS &amp; Inform Fitchburg          Pamela Rivers, Ana Daiz and Venessa Francoio          FPS Nursing Department</i></p>	<p>March 8</p>	<p><b>Healthy Lifestyles</b>  <i>UMass Memorial Health Alliance          Clinton Hospital</i></p>	<p>April 5</p>
<p><b>Access to Healthy Foods WIC Program</b>  <i>Kendal Royer, Growing Places          Breana Buckley, Making Opportunity Count</i></p>	<p>March 15</p>	<p><b>The COVID19 Pandemic and Mental Health</b>  <i>Meagan Manas, Riverside Community Care</i></p>	<p>April 12</p>
<p><b>Healthy Foods at Schools Active Living and your Health</b>  <i>David Semenza, FPS Director of Nutrition Services          Nicole Mangaudis, FPS Manager Nutrition Operations          Craig Antocci, FPS Athletics Director</i></p>	<p>March 22</p>	<p><b>NARCAN Training</b>  <i>Keith Barnaby, AIDS Project Worcester</i></p>	<p>April 19</p>
<p><b>First AID – While the Help Arrives</b>  <i>Pamela Rivers, Ana Daiz and Venessa Francoio          FPS Nursing Department</i></p>	<p>March 29</p>	<p><b>Social Determinants of Health</b>  <i>Rosa Fernandez-Penalosa, UMass Memorial          Health Alliance Clinton Hospital</i></p>	<p>April 26</p>

To register, please contact:

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 Francisco Ramos at [framos@nvcomm.org](mailto:framos@nvcomm.org)

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